

# Viewing Flows in VR

Flow works in Oculus and Pico headsets without needing an app!

Navigate to the Browser in the headset.

For the URL, enter "a.flow.gl"

From here you can select a Featured Flow, or you can log in to see your Flows.

Once you select a Flow, click either "Enter AR" or "Enter VR", based on features available on your headset and your preference.

Once it loads, you can change steps with the Next / Back buttons.

You can navigate/fly forward by pointing the controller the direction you would like to go and pressing the thumb controller forward.

Select dots by pointing the laser and squeezing the trigger button.

To leave VR, select the "O" (Oculus) button, and select "Quit". This will stop the XR session, and return you to the browser view.

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